

The Hearing Center of Lake Charles Expands Tinnitus Therapy in Lake Charles, LA

Tinnitus treatment options are constantly expanding as new research is conducted into this debilitating disorder. The experts at The Hearing Center of Lake Charles, Inc. share their expanded tinnitus therapy options available in Lake Charles, LA.

Lake Charles, LA ([PRWEB](#)) March 31, 2014 -- Approximately 50 million Americans between the ages of 60 and 75 are experiencing a hearing condition identified as [Tinnitus](#). More prevalent in men than women, the key manifestation of ringing ears is experiencing tones which no one else can hear. Tinnitus often suggests a condition developing in one of the four components of the auditory system - the outer ear, the middle ear, the inner ear, and the brain - and as a result could be more of a sign of other conditions than just a disease alone. Although it is not a type of hearing loss by itself, it can be associated with other forms of either conductive or sensorineural hearing loss. However, because tinnitus can cause individuals to hear the buzzing or ringing sound constantly, this tends to have the effect of lowering a person's absolute threshold of hearing, which makes it more challenging to hear low-level sounds normally.

Considering that tinnitus is such a widespread problem in the United States and in Lake Charles, LA in particular, the Audiologists at [The Hearing Center of Lake Charles](#) are regularly looking into new treatment procedures. Due to the fact that many of these treatment options are fairly new, people who've lived with tinnitus for many years are often unaware that new therapies have been introduced. Being able to provide the most up-to-date tinnitus treatment options locally in Lake Charles, LA is a point of pride for the [audiologists](#) at The Hearing Center of Lake Charles. To better disseminate tinnitus therapy information they've produced a list of tinnitus therapies on their website and frequently blog about new developments in the area of tinnitus research. Readers looking for further detail about the treatment options listed here are encouraged to visit the website at <http://hearingmatters.biz> or contact The Hearing Center of Lake Charles for an appointment.

Hearing aids. Tinnitus patients often also have some amount of hearing impairment. The dual benefit of hearing aids is that they cover the noises of the tinnitus while also boosting hearing ability. Many patients with tinnitus receive complete or partial relief from their tinnitus by using hearing aids.

Drug Therapies. A number of tinnitus sufferers develop anxiety or other strong emotional responses to their tinnitus. Certain medicines may offer relief from these emotional responses and offer some relief from the tinnitus.

Counseling and Relaxation. Stress makes ringing in the ears feel worse, so being able to relax is very helpful. Counseling may be appropriate when tinnitus leads to anxiety, depression or other psychiatric problems.

Maskers. Hiding (or masking) the noises of tinnitus may be achieved through an electronic tinnitus masker. Tinnitus maskers are an excellent option for many people, providing relief from the tinnitus. The downside is that they have been known to interfere with understanding of speech.

About Dr. Ram Nileshtar

Dr. Nileshtar has been a practicing audiologist in Lake Charles for over 29 years. He has been with The Hearing Center of Lake Charles since its inception in 1987. He received his Bachelor's degree in Audiology and Speech Therapy from the University of Bombay, India, his Master's degree in Audiology from Western



Michigan University, and his Doctor of Audiology degree (Au.D.) from Arizona School of Health Sciences of A.T. Still University. Dr. Nileshwar holds the Certificate of Clinical Competence in Audiology from the American Speech-Language-Hearing Association and is a fellow of the American Academy of Audiology. He specializes in hearing rehabilitation, including the fitting of both conventional and advanced digital hearing devices. He has expertise in diagnostic audiology, including the evaluation and management of disorders of hearing and balance.

About The Hearing Center of Lake Charles, Inc.

The Hearing Center of Lake Charles, Inc. has provided hearing aids in Lake Charles, LA and its surrounding communities since 1987. The company offers a full range of diagnostic and preventative hearing healthcare professional services, including hearing aid screening, evaluations, hearing aids sales and rehabilitative and preventative counseling. The staff is dedicated to keeping abreast of the latest improvements in technological advancements in the hearing industry and is committed to offering the most current options to the patients.

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